

Invisalign



Available for adults and some teenagers, Invisalign is a state-of-the-art alternative to braces that is virtually undetectable to other people. Treatment consists of a series of clear, customized, removable appliances called aligners.

- Using the latest 3-D computer technology, the aligners are custom designed to correct your specific problem following Dr. W's precise treatment instructions. Invisalign is not right for everyone and only an evaluation by Dr. W can determine if it is right for you.
- Each aligner is worn for about two weeks and then replaced with the next in the series of aligners you will receive during treatment. You may require the addition of tooth colored bonded buttons to certain teeth to help the aligners perform specific functions during your treatment. These will be removed once that correction is achieved.
- Gradually your teeth will move into their final alignment. Following treatment you will be required to wear the final retention aligner every night while sleeping to maintain your final correction.
- When the aligners are first inserted your teeth may become tender for a few days. Tylenol and a soft diet will help alleviate this discomfort. **Do NOT** remove your aligner to address this issue. Repeated removal and reinsertion will only make the discomfort worse and will prevent you from achieving your goal of repositioning your teeth and achieving that beautiful smile you're working towards!
- **You will wear your aligner a minimum of 22 hours a day removing it only to eat and brush your teeth. The aligner must be replaced as soon as possible to avoid relapse.**
- **Clean your aligners with clear water, soap and a Q-tip. Avoid using toothpaste and toothbrush as they may dull the brilliance of the aligner. You may also use a denture cleaning solution such as Efferdent to freshen your aligners as desired. Use only cold water to mix the solution as any heat will distort your aligner.**